



Resources

1. The Empathic Dog: <https://www.nytimes.com/2017/06/04/well/family/the-empathetic-dog.html>

NY Times piece on the incredible impact dogs have on humans.

2. Games, Dopamine, & Learning: <http://bit.ly/2t9ELm8>

Ken Murry, Founder of Big Roar Creative discusses how games can actually help us learn better by releasing dopamine.

3. The Intensities of Giftedness: <http://bit.ly/2tawSwV>

Marianne Kuzujanakis M.D. M.P.H. explores why some individuals, who are often perceived as broken, may actually be extremely gifted.

4. Our Crocodile Brain: <http://bit.ly/2tJQ41M>

A fascinating look at how the brain filters out what it doesn't perceive as important by Ken Murray.

5. The Five Secrets to Raising a Good Kid: <http://curiousmindmagazine.com/parents-who-raise-good-kids/>

Psychologists at Harvard University have found that there are several elements that are still very important and basic. Here they are.

6. Creativity and the Brain

For years, neuroscientists looked for a "creativity spot" in the brain. Now they know it's in lots of places, and certain practices can help make you think more creatively: <http://usat.ly/1T2Q061>

7. Heart Mind Well-Being

Heart-Mind well-being refers to creating a balance between educating the mind and educating the heart. Research shows that heart and mind learning are highly interconnected, and that improving children's social and emotional skills directly benefits their ability to learn and apply cognitive skills: <http://dalailamacenter.org/about/heart-mind>

8. The Growth Mindset

In a fixed mindset, people believe their basic qualities, like their intelligence or talent, are simply fixed traits. In a growth mindset, people believe that their most basic abilities can be developed

through dedication and hard work-brains and talent are just the starting point: <https://www.youtube.com/watch?v=-71zdXCMU6A>

9. Social-Emotional Learning

Neuroscience is confirming that whether as children or adults, Social Emotional Learning is the prerequisite for maximizing creativity and all forms of academic learning and achievement. The way to the brain is through the heart. Fear, anxiety, feelings of being unsafe, threatened, judged; stimulate the most primitive part of our brains and create a disconnect with the cerebral cortex and executive function. See: <https://www.youtube.com/watch?v=b9yRmpcXKjY>

10. Untapped Genius

Jedidah Isler, the first black woman to earn a Ph.D. in astrophysics from Yale talks about the incredible potential of liminal space – the place of not quite there and not quite there. “Do not think for one minute that because you are who you are, you cannot be who you imagine yourself to be” – Jediah Isler

<http://bit.ly/1Uxi9Q2>

11. What Adults can Learn from Kids

Brilliant TEDtalk by the brilliant young Adora Svitak about the power of creativity and “childish thinking.” https://www.ted.com/talks/adora_svitak?language=en

12. The Incredible Outcomes of Helping Others by Valerie

Grison: <https://medium.com/@valeriegrison/teenagers-the-incredible-outcomes-of-helping-others-5a8e8121742#.ydb28dd6t>

13. Unstoppable Learning: <http://www.npr.org/2013/04/25/179010396/unstoppable-learning?showDate=2014-08-29>

14. Chris Anderson -Why Ideas Matter: <http://ideas.ted.com/why-ideas-matter-now-more-than-ever/>

15. How Dogs Smell

Great entertaining science that will help kids appreciate differences. We all have special talents and abilities that others don't. That's why we're better together!

https://www.youtube.com/watch?v=p7fXa2Occ_U

16. It's What You Say and How You Say It to Dogs That Matters – NY

Times: <http://nyti.ms/2bWnpX7>

Inspiration

1. Robin Williams: Make Your Life Spectacular! https://www.youtube.com/watch?v=PuPYIfcSz_Y
 2. Taryn Brumfitt: Embrace Trailer: https://www.youtube.com/watch?v=__2AayArYfs
 3. Taryn Brumfitt: Embrace (Kickstarter): <https://www.youtube.com/watch?v=dsfs5POp0aQ>
 4. Susan Boyle: Audition: https://www.youtube.com/watch?v=jca_p_3FcWA
 5. Beau Dermott: Defying Gravity: <https://www.youtube.com/watch?v=LEKIJpVppKE>
 6. Tim McGraw: Be Humble and Kind: <https://www.youtube.com/watch?v=awzNHuGqoMc>
 7. Brene Brown: The Power of Vulnerability: https://www.ted.com/talks/brene_brown_on_vulnerability?language=en
 8. Jill Bolte Taylor: My Stroke of Insight: https://www.ted.com/talks/jill_bolte_taylor_s_powerful_stroke_of_insight?language=en
 9. **Chelsea Handler: Never Blow Out Someone Else's Candle:** <https://www.facebook.com/ellemagazine/videos/10153684496101301>
 10. **Every Child Needs a Champion:** http://www.ted.com/talks/rita_pierson_every_kid_needs_a_cham
 11. **Julie Lythcott-Haims: Throw Out the Checklisted Childhood:** https://www.youtube.com/watch?v=p_UPUmyY5M
 12. **Tacy Towbridge: Does Creativity Matter in the World of Work?** <https://does-creativity-matter.attendease.com/>
 13. **I Choose "C":** <https://www.youtube.com/watch?v=dY2mRM4i6tY>
 14. **I'm Not So Different From You:** <https://www.youtube.com/watch?v=kJkAon8MvVc>
 15. Sir Ken Robinson – Do Schools Kill Creativity: https://www.ted.com/talks/ken_robinson_says_schools_kill_creativity
- Books**
1. Washington Post List of Books that Teach Empathy: <http://wapo.st/2aTsuVP>